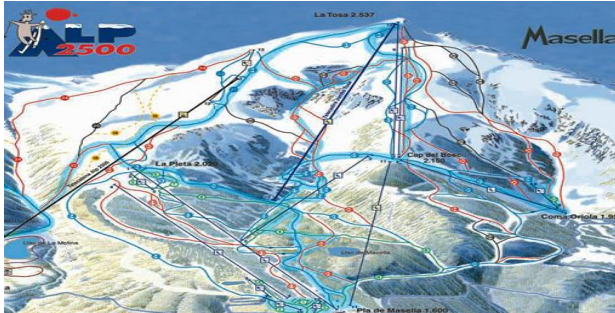


# PASSMORES ACADEMY

## Ski Trip 2024

### Masella, Spain

## INFO FOR PARENTS & STUDENTS



**Sunday 18<sup>th</sup> Feb 2024 –  
Saturday 24<sup>th</sup> Feb 2024**

**Group Leader**

Mr D Chadwick

**Accompanying Staff**

Miss Banks, Miss Richards, Mr Hope.

**Students** - you will have a laminated card with this number on it for the duration of the trip.

**Parents/carers** – Please only contact in an emergency. The phone will not always be switched on so be mindful of this.

# PASSMORES ACADEMY

## Ski Trip 2024

### Masella 2024 Itinerary

#### **Sunday 18 February 2024**

04.45 Meet at Stansted Airport – car drop off point, look for staff holding a passmores sign when you drop off your young person! Staff will direct students to a meeting point inside

05.00 Check in

07.35 Flight FR8214 to Barcelona, Spain

10.45 Arrive Barcelona

12.00 Coach transfer to Masella

14.30 Arrive Masella

15.00 Check in, ski fit, dinner

#### **Monday 19 February – Friday 23 February**

AM Ski lessons 2½ hours

Lunch Hot lunch slope side restaurant

PM Ski Lessons 2½

Evening dinner and activities

#### **Saturday 24 February 2024**

09.00 Depart Masella

11.30 Arrive Barcelona

*Possible shopping in Barcelona*

13.45 Arrive Barcelona Airport

15.45 Flight FR9015 to Stansted

17.10 Arrive Stansted

18.00 Parents/Carers collect from Stansted

# PASSMORES ACADEMY

## Ski Trip 2024

### On the journey

- Please wear your ski hoodie on the journey
- Wear your ski jacket to travel in
- Wear loose fitting clothing
- Wear appropriate clothing (no sliders/crocs, no crop tops showing tummies! etc.)
- Students must remain seated in a seat with seatbelts always fastened (Coach and aircraft)
- If you are travel sick you should sit near the front of the coach and bring a sick bag
- No loud music on the coach or aircraft (headphones only)
- Possible motorway stop offs – Stay in small groups of 3 or 4, wear sensible clothing and proper footwear, be polite and respectful

Make sure that you pack **essential** items in your **small** hand luggage bag/rucksack.

- Snacks & Drinks – **avoid** sugary snacks/energy drinks (e.g. Lucozade Sport).
- Entertainment - Music/phone/cards/books
- Headphones
- Extra phone charger
- Eye mask & earplugs optional

# PASSMORES ACADEMY

## Ski Trip 2024

### Luggage allowance

- 20kg Maximum - Maximum dimensions 80x120x120cm  
1 medium sized soft bag (preferred) or hard suitcase which can be carried comfortably
- 1 small piece of hand luggage – 40x20x25cm

**All students must be able to carry their own luggage!**

### General Clothing

- Appropriate casual clothing (no crop tops etc.)
- 7 days or more worth of underwear/socks
- Jeans/trousers/leggings
- T-shirts/Jumpers/hoodies/sweatshirts
- Trainers/Sliders (Trainers only on the journey!)
- Toiletries - mini shower gel, shampoo, toothpaste, deodorant etc
- Black bin bag for washing/dirty clothes

### Valuables

- Any items such as mobile phones are **not** covered by our insurance
- Please do not bring any items of value or sentimental value such as jewellery
- Jewellery will not be permitted to be worn during ski lessons like any PE lesson
- During ski lessons no earrings, nose rings, bracelets, rings etc.
- No phones in lessons for the first couple of days

# PASSMORES ACADEMY

## Ski Trip 2024

### Pocket Money

- Pocket money should be changed into Euros
- €80-150 maximum
- Travel money cards are acceptable but need to be kept by the student
- Money for the journey – keep with you (no more than €40)
- You will need to buy food on the journey to/from Spain (airport breakfast and lunch and perhaps at a service stations)
- Money needed for evening drinks/snacks in the hotel and some other evening activities (e.g. bowling)
- Place all money in an envelope clearly marked with your name and the amount of money enclosed.
- The envelope must be given to **Miss Richards** on arrival at the hotel in Masella
- The bank will be open each evening from Sunday when we arrive

# PASSMORES ACADEMY

## Ski Trip 2024

### **Ski Equipment which is included**

- Ski hire
- Ski Boot hire
- Helmets

### **Ski Essential items**

- Ski Jacket
- Snow pants (salopettes)
- School Hoodie
- 2/3 Thermal base layers
- 1/2 Thermal bottoms (leggings)
- Ski Gloves
- Ski Socks (2/3 pairs)
- Hat
- Goggles
- Sunglasses
- Sun Cream, Factor 30+ at least
- Lip Balm
- Neck warmer
- Snow Boots/ Walking boots/Gore-Tex trainers

### **Ski Optional items**

- Extra Fleece tops
- Glove liners
- Your own helmet (bought or hired)

**Please visit [www.snowunion.co.uk](http://www.snowunion.co.uk) who can provide clothing to buy/hire**

# PASSMORES ACADEMY

## Ski Trip 2024

### Meal Times

- On the way out you will need money for breakfast at the airport and lunch on the way
- You may bring a packed lunch for the journey
- **No phones** in the restaurant at mealtimes
- Everyone must arrive on time and be suitably dressed (Breakfast - come down in some ski gear – e.g. base layers and ski pants)
- Please ask staff for permission to leave the table when you have finished
- **You must eat and drink lots!**
- Food/drink will give you energy even when you are tired
- It is an active holiday, so you must try to eat sensibly. Try the food even if it does not look like the food you have at home
- The food is a buffet so only take what you need, to avoid waste

### If you are unwell/injured

- Report any cases of feeling unwell or injuries IMMEDIATELY to staff
- Please **do NOT call home** inform staff before contacting parents/carers
- It is a very active holiday, so you need to make sure you are eating plenty of food and keeping hydrated by drinking too

# PASSMORES ACADEMY

## Ski Trip 2024

- You will feel tired, this is normal so rest is also important, make sure you go to bed at the allocated time 10.30pm and go to sleep

### Medication/First Aid

- All medication is to be labelled and handed to **Miss Banks** prior to departure in a named envelope with medication details
- This includes painkillers such as paracetamol/ibuprofen (we will have these too)
- All asthmatic students are to have **two** named inhalers, one of which must be given to Miss Banks before departure

### Hotel details:

Alp Hotel Masella  
Avinguda de Jospe Maria Bosch Aymerich  
3, 17538, Alp

**+ 34 972144201**

(Only in an emergency if you are unable to contact staff via the school trip phone)

