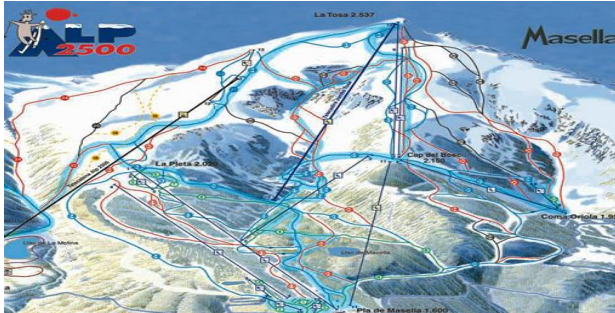


PASSMORES ACADEMY

Ski Trip 2024

Masella, Spain

INFO FOR PARENTS & STUDENTS



Saturday 18th Feb 2024 –

Saturday 24th Feb 2024

Group Leader

Mr D Chadwick

Accompanying Staff

Miss Banks, Miss Richards, Mr Hope.

Emergency Phone Number

From abroad +44 7764 828694

From the UK 07764 828694

Students - you will have a laminated card with this number on it for the duration of the trip.

Parents/carers – Please only contact in an emergency. The phone will not always be switched on so be mindful of this.

PASSMORES ACADEMY

Ski Trip 2024

Masella 2024 Itinerary

Sunday 18 February 2024

04.45 Meet at Stansted Airport – car drop off point, look for staff holding a passmores sign when you drop off your young person! Staff will direct students to a meeting point inside

05.00 Check in

07.35 Flight FR8214 to Barcelona, Spain

10.45 Arrive Barcelona

12.00 Coach transfer to Masella

14.30 Arrive Masella

15.00 Check in, ski fit, dinner

Monday 19 February – Friday 23 February

AM Ski lessons 2½ hours

Lunch Hot lunch slope side restaurant

PM Ski Lessons 2½

Evening dinner and activities

Saturday 24 February 2024

09.00 Depart Masella

11.30 Arrive Barcelona

Possible shopping in Barcelona

13.45 Arrive Barcelona Airport

15.45 Flight FR9015 to Stansted

17.10 Arrive Stansted

18.00 Parents/Carers collect from Stansted

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Ski Trip 2024

On the journey

- Please wear your ski hoodie on the journey
- Wear your ski jacket to travel in
- Wear loose fitting clothing
- Wear appropriate clothing (no sliders/crocs, no crop tops showing tummies! etc.)
- Students must remain seated in a seat with seatbelts always fastened (Coach and aircraft)
- If you are travel sick you should sit near the front of the coach and bring a sick bag
- No loud music on the coach or aircraft (headphones only)
- Possible motorway stop offs – Stay in small groups of 3 or 4, wear sensible clothing and proper footwear, be polite and respectful

Make sure that you pack **essential** items in your **small** hand luggage bag/rucksack.

- Snacks & Drinks – **avoid** sugary snacks/energy drinks (e.g. Lucozade Sport).
- Entertainment - Music/phone/cards/books
- Headphones
- Extra phone charger
- Eye mask & earplugs optional

PASSMORES ACADEMY

Ski Trip 2024

Luggage allowance

- 20kg Maximum - Maximum dimensions 80x120x120cm
1 medium sized soft bag (preferred) or hard suitcase which can be carried comfortably
- 1 small piece of hand luggage – 40x20x25cm

All students must be able to carry their own luggage!

General Clothing

- Appropriate casual clothing (no crop tops etc.)
- 7 days or more worth of underwear/socks
- Jeans/trousers/leggings
- T-shirts/Jumpers/hoodies/sweatshirts
- Trainers/Sliders (Trainers only on the journey!)
- Toiletries - mini shower gel, shampoo, toothpaste, deodorant etc
- Black bin bag for washing/dirty clothes

Valuables

- Any items such as mobile phones are **not** covered by our insurance
- Please do not bring any items of value or sentimental value such as jewellery
- Jewellery will not be permitted to be worn during ski lessons like any PE lesson
- During ski lessons no earrings, nose rings, bracelets, rings etc.
- No phones in lessons for the first couple of days

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Ski Trip 2024

Pocket Money

- Pocket money should be changed into Euros
- €80-150 maximum
- Travel money cards are acceptable but need to be kept by the student
- Money for the journey – keep with you (no more than €40)
- You will need to buy food on the journey to/from Spain (airport breakfast and lunch and perhaps at a service stations)
- Money needed for evening drinks/snacks in the hotel and some other evening activities (e.g. bowling)
- Place all money in an envelope clearly marked with your name and the amount of money enclosed.
- The envelope must be given to **Miss Richards** on arrival at the hotel in Masella
- The bank will be open each evening from Sunday when we arrive

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Ski Trip 2024

Ski Equipment which is included

- Ski hire
- Ski Boot hire
- Helmets

Ski Essential items

- Ski Jacket
- Snow pants (salopettes)
- School Hoodie
- 2/3 Thermal base layers
- 1/2 Thermal bottoms (leggings)
- Ski Gloves
- Ski Socks (2/3 pairs)
- Hat
- Goggles
- Sunglasses
- Sun Cream, Factor 30+ at least
- Lip Balm
- Neck warmer
- Snow Boots/ Walking boots/Gore-Tex trainers

Ski Optional items

- Extra Fleece tops
- Glove liners
- Your own helmet (bought or hired)

Please visit www.snowunion.co.uk who can provide clothing to buy/hire

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Ski Trip 2024

Meal Times

- On the way out you will need money for breakfast at the airport and lunch on the way
- You may bring a packed lunch for the journey
- **No phones** in the restaurant at mealtimes
- Everyone must arrive on time and be suitably dressed (Breakfast - come down in some ski gear – e.g. base layers and ski pants)
- Please ask staff for permission to leave the table when you have finished
- **You must eat and drink lots!**
- Food/drink will give you energy even when you are tired
- It is an active holiday, so you must try to eat sensibly. Try the food even if it does not look like the food you have at home
- The food is a buffet so only take what you need, to avoid waste

If you are unwell/injured

- Report any cases of feeling unwell or injuries IMMEDIATELY to staff
- Please **do NOT call home** inform staff before contacting parents/carers
- It is a very active holiday, so you need to make sure you are eating plenty of food and keeping hydrated by drinking too

PASSMORES ACADEMY

Ski Trip 2024

- You will feel tired, this is normal so rest is also important, make sure you go to bed at the allocated time 10.30pm and go to sleep

Medication/First Aid

- All medication is to be labelled and handed to **Miss Banks** prior to departure in a named envelope with medication details
- This includes painkillers such as paracetamol/ibuprofen (we will have these too)
- All asthmatic students are to have **two** named inhalers, one of which must be given to Miss Banks before departure

Hotel details:

Alp Hotel Masella
Avinguda de Jospe Maria Bosch Aymerich
3, 17538, Alp

+ 34 972144201

(Only in an emergency if you are unable to contact staff via the school trip phone)

