



27th September 2023

E: passmores@passmoresacademy.com

W: www.passmoresacademy.com

Dear Parent/Carer,

Re: Essex Healthy Schools Festival

On the 19th October 2023 we have been invited to take 2 students from our Student Council to the Essex Healthy Schools Festival at Brentwood Leisure Centre, Brentwood. This is an opportunity for students to learn about local support services that promote health and wellbeing within the school environment. Your young person has been chosen to attend so that they can bring ideas back to Passmores Academy that can be implemented by the Student Council. This trip will be at no cost to you.

Students are required to wear school uniform. We will be leaving school at approx. 9.30am for a 10am arrival. We will be arriving back at school at approx.. 2pm. This means that students will need to be prepared to attend their Period 4 lesson.

Some of the activities that students will be engaging in include physical activity and themed games, circus skills, board games, mindfulness and relaxation. We will then be celebrating health and wellbeing achievements that schools have made over the last academic year through Healthy Schools projects. This will offer some inspiration for the Student Council and what Healthy Schools Project we could embark on over the next year.

If your young person is interested in attending, could you please complete and return the consent form by Wednesday 11th October. If you have any further questions, please do not hesitate to contact the school.

Yours faithfully,

Mr T Bell
Geography Teacher

Essex Healthy Schools Festival – Please return to Mr Bell

I am interested in my young person attending this workshop and confirm the below details are correct:

Student name:	
Form Group:	
Parent/Carer signature:	



