



SEX AND RELATIONSHIPS POLICY

January 2017-20

Passmores Academy

Part of the Passmores Co-operative Learning Community

Passmores Academy Sex and Relationships Education Policy

The aim of Sex and Relationship Education in Passmores Academy is to ensure all young people are given information and guidance to enable them to talk about themselves, their bodies and their relationships with a lack of embarrassment and in an atmosphere of confidence, gained through knowledge.

In order to do this, Sex and Relationship Education will be delivered by staff via the i-future programme and science lessons. The co-ordinators for i-future and science will be responsible for monitoring, reviewing and assessing the content.

The programme for delivery will provide parents/carers with the right to withdraw their child from sex education lessons. It will also satisfy the statutory demand as defined in section 352 (3) of the Education Act 1996 of Sex Education as including education about HIV and AIDS.

There are three elements within the framework: Attitudes and values, personal and social skills and finally, knowledge and understanding. Within this, the following areas are covered:

- Self esteem
- Taking responsibility and accepting the consequences of one's actions in relation to sexual activity and parenthood.
- Providing pupils with information about different types of contraception, safe sex, how they can access local sources or further advice and treatment.
- Giving pupils a clear understanding of the arguments for delaying sexual activity and resisting pressure.
- Linking sex and relationship education with issues of peer pressure and other risk taking behaviour, such as drug taking, smoking, youth-produced sexual imagery, and alcohol.

Passmores Academy Sex and Relationships Education Curriculum:

	i-future	science	Essex police
Yr. 7	<ul style="list-style-type: none"> • Being aware of changes • Personal hygiene • Body types part 1 • Visiting speaker – nurse • Bodily changes – boys and girls 	<ul style="list-style-type: none"> • Human and animal reproduction* • Looking after a baby • Puberty • Sex organs and parts of the body • Sexual intercourse • Contraception • STDs 	<ul style="list-style-type: none"> • Personal safety
Yr. 8	<ul style="list-style-type: none"> • Relationships – friends, partners and marriage • Body types part 2 /acceptability • Visiting speaker – nurse • Growing up – the changes 	Non specific	
Yr. 9	<ul style="list-style-type: none"> • Ethics, sex before marriage, rights, peer pressure, risks of STDs • Self Esteem, self-awareness, responsibility • Body types part 3 	Body systems: <ul style="list-style-type: none"> • Reproduction • Male and female systems • Sperm and egg theory • Menstrual cycle • Re-cap of foetal development 	

Yr. 10	Risks: <ul style="list-style-type: none"> • AIDS, STDs • Contraception and pregnancy • Body awareness – conformity and fashions 	Module CM2/GCSE (Spring) <ul style="list-style-type: none"> • Hormone control • Sex hormones • Menstrual cycle and changes • Awareness of hormones 	
Yr. 11	<ul style="list-style-type: none"> • Teenage pregnancy • Parenthood: pros/cons • Body awareness i.e. obesity, eating disorders, stress, anxiety, self-image 	<ul style="list-style-type: none"> • Module 3 Genetics, evolution and the environment • Brief re-cap on human reproduction 	Sexual offenses: <ul style="list-style-type: none"> • Rape • Indecent assault

* Letter sent home to parent/carer

The issues relating to youth-produced sexual imagery are also taught as part of the computing curriculum in Years 7 and 8 in the units on cyber security.

This policy was approved by the Passmores Local Governing Body on 24th January 2017. The policy will next be reviewed in January 2020, then least every three years after this.