# Newsletter Friday 11<sup>th</sup> October 2024 Issue 06





## Dear Parents/Carers

Democracy has been hard at work this week; the votes have been counted and verified and today we proudly announced our new Deputy Head Students. It was a hard-fought contest, with all candidates putting themselves in a strong position but there could only be two winners. So, our congratulations go to Ava Dorrington and Harry Stevenson.

In other news, what a beautiful photo above, taken at the Botanical Gardens, Cambridge, during a recent year 11 photography trip. Doesn't this give us an insight into their day and allow us the opportunity to get a sense of the awe and wonder that they experienced. We want to capture more of these moments from school so moving forward, the front-page picture will be provided by a student. We have some wonderfully gifted individuals, and we want you to share this too. Talking of gifted students, the poem from Yasmin in today's edition is exceptional, I am sure you will agree.

Thank you to those of you who have downloaded the Arbor app. I know the data team have been busy solving queries, hopefully all have been resolved and you are finding the app easily accessible and informative. We are still finding our feet with a few systems and some of you may find that there have been a few changes to behaviour incidents or detentions. Please bear with us, we appreciate your patience.

**Natalie Christie Principal of Passmores Academy**  TOP PASSMORES POINTS ACHIEVERS

**PASTORAL UPDATE** 

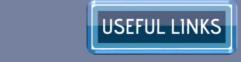
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# TOP PASSMORES POINTS ACHIEVER Friday 4<sup>th</sup> October – Thursday 10<sup>th</sup> 2024

,		
Boughlalah, Adam	Year 7	62
Laurino, Thomas	Year 7	61
Mahon, Charlie	Year 7	60
Mason, Lucas	Year 7	56
Mahon, Olly	Year 7	55
Mimms, Joshua	Year 7	53
Seip, Joshua	Year 7	53
Smith, Drew	Year 7	50
Bricknell, Oscar	Year 7	49
Aimes, Annabel	Year 7	45
Sowunmi, Ronel	Year 9	27
Barnes, Kye	Year 9	27
Brown, Charlie	Year 9	26
Vanderhyde, Frankie-Jay	Year 9	25
Benge, Maddie	Year 9	24
Burgess, Shay	Year 9	24
Njie, Kasseem	Year 9	23
Uddin, Ayaan	Year 9	22
Hockley, Rhys	Year 9	21
Broughton, Marnie	Year 9	20
Adesina, John	Year 9	20
Houghton, Poppy	Year 9	20
Tyler, Elsie	Year 9	20
Barnes, Isabella	Year 9	20
Kearns, Connie	Year 11	33
Croome, Molly	Year 11	31
Horton, Charlie	Year 11	31
Jones, Dylan	Year 11	28
Kelso, Bryony	Year 11	27
Martin, Frankie	Year 11	26
Green, Brad	Year 11	21
Vetori, Rileigh	Year 11	21
Donoghue, Olivia	Year 11	20
Webb, Macey	Year 11	20

Bedford, Paige	Year 8	45
Kingsland, Liam	Year 8	40
Pay, Amelia	Year 8	39
Reynolds, Jess	Year 8	39
Pullum-Ward, Ivy-Mae	Year 8	38
Zarbi, Wali Hussain	Year 8	38
Carter, Will	Year 8	37
Drzewiecka, Amelia	Year 8	36
Surtees, Amelia	Year 8	35
Guiver-Kirk, Chloe	Year 8	34
Steel, Kayla-Rose	Year 8	34
Theophil, Chloe	Year 8	34
White, Beth	Year 10	49
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	45
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	ear 10

Year Group Attendance (30 <sup>th</sup> Sept to 4 <sup>th</sup> Oct 2024)		
Year 7	92.03%	
Year 8	91.07%	
Year 9	85.85%	
Year 10	90.4%	
Year 11	84.42%	
All Students	88.8%	

# PASTORAL UPDATE

# **Thought for the Week**

This week's Thought for the Week focused on World Mental Health Day, with the theme of "It's Time to Prioritise Mental Health in the Workplace." Students explored how important it is to prioritise mental health in all areas of life, whether at school or work. They discussed the importance of talking openly about mental health to break down stigma, whether it's opening up to a friend or asking others how they are doing. Seeking professional help was also highlighted, as self-diagnosing without proper support can sometimes lead to ineffective treatment.

### In the News

In the News, students continued to celebrate Black History Month, with this year's theme being "Reclaiming Narratives." This theme encourages everyone to make space for Black stories and voices that have historically been omitted or underrepresented in British history. Through discussions, stories, poetry, and music, students explored how vital it is for people of colour to own their stories, rather than have them told by others. This allows for a fuller understanding of history and challenges the narratives that marginalise these experiences.

### Other News

It was a week of democracy in action as the school held elections for our new Deputy Head Students. The candidates all did an outstanding job presenting their messages, and we are proud of everyone who put themselves forward to represent their peers.

Year 11 students had a particularly busy week, with a visit from New City College and the Careers Fair, which was full of energy and excitement. It was wonderful to see so much interest in post-school opportunities and the wide range of possibilities available to them.

Meanwhile, Year 7, 8, and 10 students represented their Houses in netball and rugby competitions, and everyone gave their best efforts to make their Houses proud!

## Looking Ahead to Next Week

Next week, Thought for the Week will focus on allergy awareness, a vital topic for keeping our school community safe. In the News will continue our Black History Month celebrations by exploring important aspects of Black history that are not traditionally taught in schools.

It promises to be another busy and enriching week as we continue to celebrate learning and growth!

# CAUGHT DOING GOOD – 4th October – 10th October 2024

Year 7	Year 8	Year 9	Year 10	Year 11
Jack Ayliffe Annabel Aimes Benjen Mouncey Jaggers Maxwell Coleman Millie McNeilly	Max Hollands Poppy Turner Ella Hills	Reggie Fitzpatrick Esme Owen Aiden Stringer Tyler Guinness	Alfie Goodin Harley Doyle	Abbie Newman Karis Barrett Miley Saint

# JACK PETCHEY WINNERS...



Maddie Benge (Year 9) and Daisy Chambers (Year 11)





# SUBJECT/INFORMATION UPDATES

### Drama

# **Trip to Abba Voyage**

On Thursday 10th October, we took a group of Year 7 & 8 students to see a school only performance of ABBA Voyage at the ABBA Arena. The concert was a spectacular experience. The buzz in the venue before the show started was electric, with Mexican waves and cheering from all the schools who attended. Many of our students had not heard many, if any,



ABBA songs before but the look on their faces as the first beat and laser shone was worth the trip alone. They were soon up, dancing and singing, the odd familiar chorus. They truly enjoyed the experience, which for some was their first music concert. Our students did Passmores Academy proud with their behaviour, manners and dancing! The music and technical brilliance of the show will stay with those who went, including staff, for a very long time. Thank you for the music!

# **GCSE 3D Design**

# Design Pack Orders - Deadline Approaching!

A quick reminder to all parents and carers that the deadline to order Design Packs for GCSE 3D Design students is 21st October. These packs include essential materials for your child's coursework, such as sketchbooks, pens, and pencils, and are available for £20. Please make payments via ParentPay. If you have any concerns regarding the payment, feel free to reach out, and we'll arrange a pack for your child.



We are excited for the upcoming trip to the Harry Potter Studio Tours for our Year 11 3D Design students! The trip will take place on 14th October, and we will be leaving school at 10:15 am, aiming to return by 5:30 pm. Please ensure students are dressed appropriately and bring a packed lunch. As part of the day, we will be participating in a special Graphic and Prop Design lesson before exploring the studios. We can't wait for students to immerse themselves in the magical world and let their creativity flow!

### Maths

On Wednesday next week (16th), the Maths House Event will test our young people in 3 challenges to test their logical thinking. We have five competitors from each house; one in each year group, with the event contributing to the overall house competition.

I look forward to seeing their brains whirring as they take on the challenges...

## **English**

In honour of World Mental Health Day, a very gifted writer, has shared some of her beautiful poetry. Yasmin writes poetry in her spare time as a way to express herself and reflect upon the world around her. I think we can all agree that she has an incredible gift!

# A Last Life

When my last smile was sincere, When I cried out of joy and not so much fear, When I lived life like there was No tomorrow, Now I fear I'm stuck in seas of sorrow.

It takes me a minute to sit there and breathe,
Whilst I'm trying my hardest to perceive,
Acknowledging the fact that all around me is real,
Whilst I can't understand just how to feel?

I can't remember when I last felt free,
Right now, I feel like I'm knelt down on one knee,
Hoping one day I'll feel the strength,
But how I feel right now I couldn't tell you the length,
Just how far away or somewhat close I'm willing to stretch,
To just feel like I'm living, without having this wretch.

A burden on my shoulder I can't express,
Something I'm still trying to undress.
In my mind I'm still trying to confess,
How truly hard it is to connect my head to my heart,
Figuring the difference between the two truly break mine apart.

When in all honesty I'd rather lie, I'd rather keep myself from thinking I'll die, I would much rather avoid the truth then coming down to a despicable route.

Telling the difference between my head to my heart is like telling a person to take part, It's a choice in your mind but for your heart to follow but biting your tongue and choosing to swallow.

The change is in your heart but your mind takes control, You scream and you shout but you never score the goal, The one shot that you need, the one shot to be free.

To express is hard and you know how to do it, It's just the anxiety every-time that blew it.

Once you're close and able to breathe,
That's when you can live your life and be.
When the feeling is back like theres no tomorrow,
Take the chance and swim out of your sorrow.

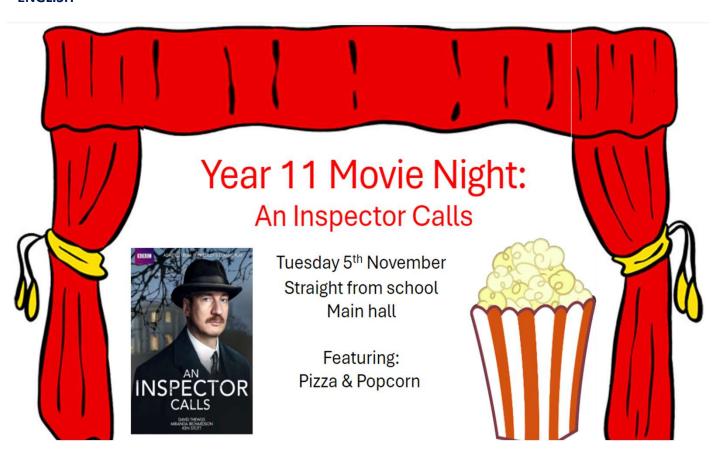
Yasmin Somerville Year 10

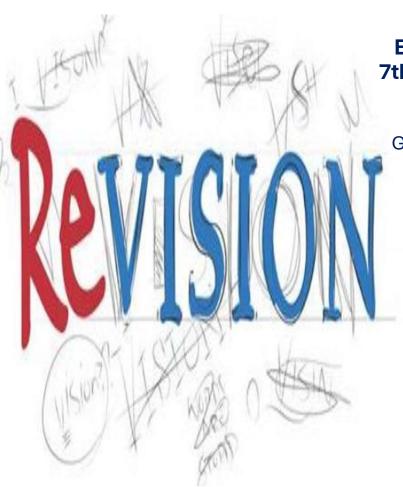
# **Year 11 Booster Sessions**

We are encouraging all our Year 11 students to come along and take advantage of these after-school period 5 booster sessions. Please note that the staff are putting these sessions on voluntarily, so this is a FREE lesson! It would be good to see as many Year 11's there as possible and if they need to know what is being delivered, they should speak to individual subject teachers.

Week 1				
Day	Subject	Aimed at or Set	Time	Room(s)
	Textiles	11Y textiles	3.15-4.30	D103
	Geography	Whole cohort exam prep	3.15-4.00	U005
	Photography	11Y photography	3.15-4.30	D101
Tuesday	Hospitality & Catering	Year 11	3.15-4-15	D104
Tuesday	Hospitality & Catering	Year 11	3.15-4.15	D105
	Computer Science	Whole cohort	3.15-4.15	G105
	Maths	Grade 1-2	3.15-4.15	G005
	English	Whole cohort	3.15-4.15	Upstairs Unicorn
	Child Development	Whole cohort exam prep	3:15-4.00	G106
	History	Grade 6+	3:15-4.00	U007
	Maths	Grade 5+	3:15-4.00	G005
Wednesday	Spanish	Aiming for upto grade 5	3:15-4.00	L103
	French	Targeted students	3.15-3.45	Heart space
	Maths	Grade 6+	3:15-4.00	G003
	English	Poetry focus	3.15-4.15	U105
	Music	Composing coursework	3:15-4.00	L110
	3D Design	Whole cohort	3:15-4:15	D002/D003
	Textiles	11Y textiles	3.15-4.30	D103
Thursday	Psychology	Exam practice	3:20-4:00	U002
Thursday	Photography	11Y photography	3.15-4.30	D101
	Computer Science	Creative and Technical Enterprise	3.30-5.00	G105
	Art	Whole cohort	3.15-4.15	L104/L105
	French	Targeted students	3.15-3.45	Heart space
	Maths	Aiming for Grade 4	3.20-4.20	U102
	Drama	Whole cohort	3.20-4.20	G101
Friday	Spanish	Aiming for 5+	3:15-4.00	L103
	Psychology	Targeted students	3:20-4.00	U002
	BTEC Sport	Coursework	3:20-4.00	Y005

Week 2				
Day	Subject	Aimed at or Set	Time	Room(s)
	Textiles	11Y textiles	3.15-4.30	D103
	Geography	Whole cohort exam prep	3.15-4.00	U005
Tuesday	Photography	11Y photography	3.15-4.30	D101
	Maths	Grade 1-2	3.15-4.00	G005
	English	Whole cohort	3.15-4.15	Upstairs Unicorn
	Child Development	Whole cohort exam prep	3:15-4.00	G106
	History	Grade 6+	3:15-4.00	U007
	Spanish	Aiming up to grade 5	3:15-4.00	L103
Wednesday	French	Targeted students	3.15-3.45	Heart space
	Maths	Grade 5+	3:15-4.00	G005
	Maths	Grade 6+	3:15-4.00	G003
	English	Poetry focus	3.15-4.15	U105
	Music	Composing coursework	3.15-4.00	L110
	3D Design	Whole cohort	3:15-4:15	D002/D003
	Textiles	11Y textiles	3.15-4.30	D103
Thursday	Photography	11Y photography	3.15-4.30	D101
	Art	Whole Cohort	3.15-4.15	L104/L105
	French	Targeted students	3.15-3.45	Heart space
	Science	whole cohort for 1st HT	3:15-4:00	L003
	Maths	Aiming for Grade 4	3.20-4.20	U102
	Drama	Whole cohort	3.20-4.20	G101
Friday	Psychology	Targeted 6+	3:20-4:00	U002
	Spanish	Aimed at grade 5+	3.15-4.00	L103
	BTEC Sport	Coursework	3.20-4.00	Y005





# **English Revision 7th to 11th October**

# **Tuesday**

Grades 7-9 Macbeth

# Tuesday

Literature Skills

# **Tuesday**

Paper 2

# Wednesday

Seen Poetry

## Book Buzz - Year 7 and Year 8 students

This week, all year 7 and year 8 students have been given bookmarks to select a free book from the" Book Buzz "collection. Students have chosen their book from a variety of titles and the books will be arriving in school next term.

This is the selection of books available to your child...



# **SPORTS/PE UPDATES**

A new week at Passmores, means more sport. This week we kicked off with our Year 7 netball team. They took to the court for their first netball match of the year. The girls started the game a bit slow with nerves taking over which allowed a strong Westcliffe side to take the lead that unfortunately we couldn't come back from. Despite this, every quarter the team grew in confidence and settled into the game. There were many positives to take away as well as areas we could focus on in our next tournament on Thursday!

Thursday saw our Year 7 and Year 8 teams take part in a local netball tournament playing all the schools in Harlow. It was lovely to see such high participation levels across the board and the girls thoroughly enjoyed themselves. Once again, a lot to take away from our play but a strong performance by all! Thank you to St. Marks for hosting the tournament and we look forward to our Year 9 and Seniors taking to the court next week.



# **Duke of Edinburgh**

**Bronze Award** 

Miss Riley will be holding an assembly for **Duke of Edinburgh – Bronze Award**The assembly will be for **Year 9** students and is taking place on **Tuesday 15**<sup>th</sup> **October** 

After the half term a letter will be sent out to all parents for students who want to take part.



There will also be a Parent Information Evening happening soon, this will be for any enquiries or questions you may have, further information regarding this will be sent out.

In the meantime, if you have any questions, please email Miss Riley.



# **CAREERS NEWS**

**The Army Foundation College** (AFC) trains 16 and 17-year-olds, ready for a career in the British Army. The course they offer is split into 4 sections, Military Training, Education, Resilience & Leadership Training and Physical Training.



They have a newly refurbished Wellbeing Centre including satellite TV, an Xbox zone, games area with table tennis and pool, a cinema and more. Sports is a huge part of your career within the Army, you'll have plenty of opportunities for athletics, basketball, hockey, swimming, football and more.

Join the army on Tuesday 19 November 18:30 – 19:00 for a special online event that could transform your future!

**Register here** 

# Sixth Form & College Open Dates 2024/2025

Colleges & Sixth Forms	Contact No.	Open Date
The Bishop's Stortford High School www.tbshs.org	01279 868686	Weds 6 <sup>th</sup> Nov
Birchwood School, Bishop's Stortford www.birchwoodonline.co.uk	01279 655936	Thurs 14 <sup>th</sup> Nov 4pm-7.30pm
BMAT STEM Academy www.bmatstemacademy.org	01279 621570	ТВА
The College at Braintree (Now part of Colchester Institute) www.colchester.ac.uk	01206 814000	Mon 21 <sup>st</sup> Oct 5.00-8.00 Sat 9 <sup>th</sup> Nov 10.00-1.00
Cambridge Regional College www.camre.ac.uk	01223 418200	Weds 23 <sup>rd</sup> Oct 4.30-7.00 Sat 16 <sup>th</sup> Nov 9.30-12.30 Sat 25 <sup>th</sup> Jan 10-12.30 Thurs 24 <sup>th</sup> April 4.30-7.00
Capel Manor College, Enfield www.capel.ac.uk	08456 122122	Sat 5 <sup>th</sup> Oct 10-3pm Tues 19 <sup>th</sup> Nov 5.30-7pm
Chelmsford College www.chelmsford-college.ac.uk	01245 265611	Weds 9 <sup>th</sup> Oct 6-8.30 Weds 13 <sup>th</sup> Nov 6-8.30 Weds 5 <sup>th</sup> Feb 6-8.30
New City College (Epping Forest), www.ncclondon.ac.uk	0208 508 8311	Sat 23 <sup>rd</sup> Nov 10-2.00
Epping St Johns 6 <sup>th</sup> Form www.eppingstjohnsschool.org/	01992 573028	Weds 20 <sup>th</sup> Nov 6-8pm
F2 Academy www.vluk.org/course-location/f2academy/	07525 495818	ТВА
Fashion Retail Academy www.fashionretailacademy.ac.uk	0207 3072345	Sat 19 <sup>th</sup> Oct Sat 30 <sup>th</sup> Nov

# Sixth Form & College Open Dates 2024/2025

Harlow College www.harlow-college.ac.uk	01279 868000	Thurs 17 <sup>th</sup> Oct 5.00-8.00 Tues 11 <sup>th</sup> Feb 5.00-8.00 Weds 30 <sup>th</sup> April 5.00-8.00
Hills Road Sixth Form College, Cambridge www.hrsfc.ac.uk	01223 247251	ТВА
Helena Romanes School, Great Dunmow www.helena-romanes.essex.sch.uk	01371 872560	Weds 13 <sup>th</sup> Nov 5.30-8.00
Hertford Regional College www.hertreg.ac.uk	01992 411400	Thurs 21 <sup>st</sup> Nov 5.30-8.00 Tues 4 <sup>th</sup> Feb 5.30-8.00
Herts & Essex High School,  Bishop's Stortford  www.hertsandessex.herts.sch.uk	01279 654127	Tues 7 <sup>th</sup> Nov
Hockerill Anglo-European School, Bishop's Stortford www.hockerill.herts.sch.uk	01279 658451	Sat 23 <sup>rd</sup> Nov
Long Road Sixth Form College, Cambridge  www.longroad.ac.uk	01223 631100	Summer 2025
Leventhorpe School, Sawbridgeworth <a href="https://www.leventhorpe.net">www.leventhorpe.net</a>	01279 836633	Tues 5 <sup>th</sup> Nov 6.00-9.00
Joyce Frankland Academy (Formerly Newport) www.jfan.org.uk	01799 540237	Weds 16 <sup>th</sup> Oct
Presdales Sixth Form www.presdales.herts.sch.uk	01920 462210	Thurs 14 <sup>th</sup> Nov 6-8pm
Sir Frederick Gibberd www.sirfrederickgibberdcollege.org	01279 307235 (c/o Burnt Mill Academy	Sat 16 <sup>th</sup> Nov 9.30-12.30
St Marks School, Harlow www.st-marks.essex.sch.uk	01279 421267	ТВА
St Mary's Catholic School, Bishop's Stortford www.stmarys.net	01279 654901	ТВА

# Sixth Form & College Open Dates 2024/2025

Colleges & Sixth Forms	Contact No.	Open Date
Stansted Airport College www.harlow-college.ac.uk	01799 513030	Sat 12 <sup>th</sup> Oct 10.00-2.00 Thurs 23 <sup>rd</sup> Jan Weds 7 <sup>th</sup> May
Writtle College www.writtle.ac.uk	01245 424200	Sat 12 <sup>th</sup> Oct 10-3.00 Sat 16 <sup>th</sup> Nov

Please contact the institutions to check details and times before attending. Also, be advised that most ask for you to book a place for these events online.

# **FORTHCOMING EVENTS**

Friday 18 <sup>th</sup> October 2024	Quiz Night
Thursday 24 <sup>th</sup> October 2024	INSET DAY
Friday 25 <sup>th</sup> October – Friday 1 <sup>st</sup> November 2024	Half Term
Monday 4 <sup>th</sup> November 2024	Autumn Term 2 Begins
Thursday 7tth November 2024	Year 7 & 8 Meet the Teachers Evening
Monday 11 <sup>th</sup> November – Friday 22 <sup>nd</sup> November 2024	Year 11 Mock Exams

# **LOST PROPERTY**

Lost property will be left out on the tables on Wednesday 23rd October 2024. Anything unclaimed will be going to charity.



Interested in becoming a primary or secondary teacher?
Contact Gareth Walsh on g.walsh@passmoresacademy.com



FRI 18TH OCTOBER 7pm to 10pm £5 Per person

Doors open at 7pm. Quiz Starts 7:30pm Other games will be played from £1 Bring your own food & drink We have been invited to join Simon Balle in Hertford for a Joules outlet sale. The Preview tickets have sold out but there is still some early bird tickets available. FOPS will be donating £1 for every ticket sold through Passmores. If interested, please scan the QR code and book. Please quote Passmores in the section where asked how you heard about it.



Simon Balle All-through School, Mangrove Road, Hertford, SG13 8AJ

The Joules Outlet team are visiting Simon Balle All-through School on Friday 8th November where they will be showcasing heavily discounted and end of season items.

Snap up a pre-Christmas bargain, with up to 70% off retail prices.

We are able to offer pre-booked shopping slots for the event, with an early bird price for bookings made by 25th October.

6-6.30pm Early preview tickets:

6-6.30pm Early preview tickets:

(Limited to 50 tickets)

6.30-8.30pm General Sale:

£6 if booked by 25th October, £9 if booked after 25th October (Limited on the door tickets, subject to availability)

Please book your tickets carefully, as NO REFUNDS can be offered. You will only be permitted entry to the pre-booked shopping slot stated on your ticket. Your ticket will NOT be valid for other times. Please note this is a charity event run by volunteers. Stock is sold as seen and returns are not possible.

Children are allowed in for free, however we don't recommend bringing them if possible. Pushchairs will NOT be allowed into the sale area, you may leave them outside at your own risk.

Food and drink will NOT be allowed in the sales area.

Proceeds from the ticket sales go to Simon Balle PSA, a registered charity.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes.

For further guides, hints and tips, please visit national college.com.

# 10 Top Tips for Parents and Educators TEACHING CHILDREN FIRE SAFETY

Fire safety is especially important around Bonfire Night, as fireworks, bonfires and sparklers add extra risks for families and young children. Every year in the UK, thousands of accidents occur due to improper handling of fireworks and neglecting fire safety measures. This guide offers practical tips for keeping children safe when handling everything from fireworks to space heaters.

# BONFIRE NIGHT AWARENESS

Bonfire Night is exciting, but it comes with several inherent risks. Educate children about the dangers of fireworks and open flames. Teach them that only adults should handle fireworks and that bonfires should never be approached. Keep children at a safe distance (at least five metres away) from bonfires and explain why supervision is crucial during these events.

# SUPERVISE FIREWORK USE

Fireworks should only be handled by responsible adults who are following UK laws and guidelines. Make sure to buy fireworks that meet British Standards and adhere to all instructions that come with them. Keep children a suitable distance from any firework activity and designate an adult to supervise the event. Ensure no one goes near fireworks after they've been lit.

# 3 SPARKLER SAFETY

Sparklers are often captivating for little ones, but they can burn at extremely high temperatures – over 1,000 °C! Only allow children over the age of five to use sparklers, and make sure they wear gloves. Teach them to hold sparklers at arm's length and never wave them near others. Once a sparkler has burned out, extinguish it fully in a bucket of water – which you should prepare beforehand and always keep nearby.

# ORGANISED CAUTO

If possible, families should attend an organised fireworks display rather than holding one at home. These tend to be far safer as they're run by professionals adhering to strict safety regulations. Organised displays also provide a controlled environment where children can enjoy the event from a safe distance, reducing the risk of accidents.

# KEEP FIREWORKS AWAY FROM THE HOME

If you are hosting your own fireworks display, set them off well away from homes, sheds or fences to avoid starting accidental fires. Choose a wide-open space with no flammable materials nearby and keep a means of putting out fires to hand in case of emergency—such as a bucket of water, a hose or a fire extinguisher. Afterwards, ensure that all fireworks are fully extinguished and never attempt to relight one if it doesn't go off.

## Meet Our Expert

James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings and many other industries, helping them to maintain a safe working environment.

# **6** BONFIRE SAFETY

If you're building a bonfire, place it well away from trees, buildings, lences or anything else flammable. Make sure it's structurally sound and not at risk of collapsing. Only burn natural materials like wood and leaves, avoiding petrol or other accelerants. Children should be kept far away from the bonfire, and it should always be supervised by adults. Be sure to fully extinguish the bonfire before you leave it.

## "STOP, DROP AND ROLL"

STOP!

Ensure that children know what to do if their clothing catches fire. Teach them the simple "stop, drop and roll" technique, which can quickly extinguish flames. Practice this with them before events like Bonfire Night, so they feel confident if the need to use it arises. It can also be helpful to keep another means of putting out these kinds of fires on standby, just in case. An extinguisher or flame-retardant blanket are both sound choices.

# 8 SECURE CANDLES AND OPEN FLAMES

Beyond Bonfire Night, everyday fire safety is also crucial. Candles can be a common fire hazard, especially in homes with young children. Teach children not to touch any open flames, and ensure candles are placed in sturdy holders away from combustible materials. Never leave candles, incense burners or other such items unattended, and always extinguish them fully before leaving a room or going to bed.

# 9 EDUCATE ABOUT FIREWORKS HAZARDS

Make sure children understand the dangers of playing with fire or fireworks, and how to handle such things responsibly. Emphasise that fireworks are not toys and can cause serious injuries when improperly used. Demonstrate the importance of treating fire with respect and the consequences of misuse, which can help temper any curiosity and any resultant dangerous behaviour.

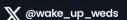
# 10 FIRST AID FOR BURNS

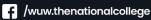
Even if you have the best possible precautions in place, accidents can still happen. Keep a first aid kit on hand. Ensure you know how to apply basic first aid to burns, so you can teach children those techniques too. If someone suffers a burn, run it under cool water for 20–30 minutes. Never use creams or ointments, as these retain heat and can cause further damage. Instead, seek medical help if the burn is serious.

The

National <u>Colleg</u>e°













# WARE YOUTH UNDER 13S GIRLS

WARE YOUTH UNDER 13S ARE LOOKING FOR NEW PLAYERS FROM SCHOOL YEAR 7-8. IF YOU ARE INTERESTED CALL OR MESSAGE JASON 07545 776798



# WEDNESDAY 16TH OCTOBER

# **EVENING TALK FROM 6.30PM - 9.30PM IN HARLOW**

# PACT FOR AUTISM COMMUNITY CONNECT TALK





DEAN BEADLE

**ROBYN STEWARD** 

DEAN- PERSONAL EXPERIENCE, EXECUTIVE FUNCTIONING, AUTISTIC JOY, AND WELL-BEING.

ROBYN- PERSONAL EXPERIENCE, WHAT IS AUTISM, TRANSITION INTO ADULTHOOD, PUBERTY.

YOU CAN ATTEND FOR THE WHOLE EVENING OR FOR ONE TALK ONLY

THIS EVENT IS OPEN TO THE COMMUNITY
- BOOK YOUR TICKETS ON LINKS BELOW

HTTPS://WWW.EVENTBRITE.CO.UK/E/PACT-FOR-AUTISM-COMMUNITY-CONNECT-TALK-TICKETS-1008532737567



WWW.PACTFORAUTISM.ORG.UK



# SHOOTERS AND SSA YEAR 7 5 A SIDE TOURNAMENT

**> > >** 

31<sup>st</sup>OCTOBER 2024

- (2) 11am start
- 25 Per player
- Up to 8 players maximum per team
- Medals and trophy for winners
- Medals for runners-up





Contact for more information and to enter your team

Anthony: 01992524393

Jack: 07398267338



Location: Shooters Football Rayley Lane

CM16 BAR



The Link, Parsloe Road, Harlow, CM19 4RT Timed entry between 10am — 4pm

**Book your tickets at:** accuro.org.uk/events reg charity no: 1094736





accüro

supporting people with a disability in West Essex







# Spotlight on services... FREE Parenting courses

Did you know, **ACL Essex** has a wide range of parenting courses, some are face to face, some are virtual, some are one off and some are a series. They are all FREE.

Subjects include;

- SEND support for families
- Positive Parenting
- ☐ Family Wellbing
- ☐ Understanding Teens.

ACL will also collaborate with you to provide bespoke courses where you have a cohort of parents.

For further information

Community & Family Learning - ACL Essex