



Dear Parents/ Carers,

It was lovely to see so many of you attend our Year 7 and 8 Academic Tutorials in school this week. There were lots of smiling faces leaving the building, students and families proud of what has been achieved so far this year. From feedback, I know that some of you feel a little disconnected from school, so we are looking at ways to improve this moving forward, making this an in-person event is part of this.

We have had some great conversations this week about our values and how these can be aligned for next year. Thank you to those of you who have completed the parent survey, the link is below and there is still time to add your views before we finalise the decision next week. Your feedback on what we can do differently / better is also really useful, so please have your say before the survey closes on Monday.

[https://forms.office.com/Pages/ResponsePage.aspx?id=vbyKRbIB20yLIPG5YIL5SvaPD3lNGL9PuyspgUd\\_XnZUNFpZWtdWOVA5R1VLNUlXQUFPQzJGWDIGWS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=vbyKRbIB20yLIPG5YIL5SvaPD3lNGL9PuyspgUd_XnZUNFpZWtdWOVA5R1VLNUlXQUFPQzJGWDIGWS4u)

The excitement has been growing with the start of the Euros tonight, good luck to all the teams involved, I wonder if 'football is coming home?'. We can only hope! Have a lovely weekend everyone, there is much to read in the newsletter and lots to forward to in the coming weeks.

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# TOP PASSMORES POINTS ACHIEVERS

Monday 7<sup>th</sup> – Thursday 13<sup>th</sup> June 2024

Mason Bartram	Year 7	72
Joshua Walker	Year 7	70
Edith Mihai	Year 7	66
Sienna Coyle	Year 7	56
William Brown	Year 7	52
Bella Copping	Year 7	51
Florence Norton	Year 7	51
Jess Reynolds	Year 7	50
Mason Crouch	Year 7	49
Sara Essafri	Year 7	49

Charlie Brown	Year 8	56
Ronel Sowunmi	Year 8	47
Jackson Gunn	Year 8	45
James Babb	Year 8	44
Maddie Benge	Year 8	43
Megan Burch	Year 8	43
Billy Salter	Year 8	42
George Lambert	Year 8	42
Alisha Ramalingum	Year 8	41
Katie Watters	Year 8	40

Benjamin Dack	Year 9	49
Ronnie Shipwright	Year 9	49
Stefan Chindris	Year 9	47
Pj Sunshine	Year 9	45
Sid Francis-Melvin	Year 9	43
Dawid Wejman	Year 9	42
Tanaka Tawonezvi	Year 9	41
Joshua Wheatley	Year 9	40
Yasemin Withey-Yilmaz	Year 9	40
Frazer Anderson	Year 9	39

Wojciech Budzinski	Year 10	40
Abbie Newman	Year 10	37
Dylan Meredith	Year 10	37
Keira Webb	Year 10	37
Jaymz Nicholls	Year 10	35
Caitlin Pay	Year 10	34

Jaidan Downes	Year 10	34
Theo Kuyumdzhev	Year 10	32
Bobby McDonald	Year 10	31
Lucas De Lima	Year 10	31

## HOUSE PASSMORES POINTS

Monday 3<sup>rd</sup> – Thursday 13<sup>th</sup> June

<b>Dragon</b>	<b>8833</b>
<b>Griffin</b>	<b>8688</b>
<b>Lion</b>	<b>8410</b>
<b>Unicorn</b>	<b>8749</b>

## YEAR GROUP ATTENDANCE

Friday 7<sup>th</sup> – Thursday 13<sup>th</sup> June 2024

	Average Attendance
Y7	90.65%
Y8	87.00%
Y9	88.93%
Y10	88.20%
Whole School Attendance	88.53%

## PASTORAL UPDATE

### Donate Uniform

If any year 11 students would like to donate their uniform, we would appreciate washed second hand ties, blazers, skirts, trousers, shirts, P.E. kit and shoes. Please leave any donations at reception for the STEP Team/Miss Watts.

Thank you

**Caught Doing Good -**

Year 7	Year 8	Year 9	Year 10
Kayleigh Jones	Adira Zaffar	Joanne Edigin	Luke Batt
Mitchell O'Callaghan	Nickolas Hearn	Ava Dorrington	Abbie Newman
Rosie Man	Teddy Quick	Violet Julian	
Alvin Mati	Callum Chambers	Leya McDonald	
Alicia Beeharry		Harley Doyle	

**Thought for the Week: Vaping and Peer Pressure**

This week's thought for the week continued our four-part series on vaping, focusing on the relationship between vaping and peer pressure. Students explored the influence of peer pressure on vaping behaviour, discussing strategies to resist peer pressure and make healthy choices. This session aimed to empower students to make informed decisions regarding vaping and to recognise the importance of standing up to peer pressure.

**In the News: Election Series Begins**

In the news segment, students embarked on part one of a four-part series on the upcoming general election. This series aims to educate students about the democratic process, political parties, and key issues leading up to the election. Part one focused on introducing the election series and setting the stage for deeper exploration in the weeks to come.

**Other News: Student Voice, House Events, and Academic Tutorials**

In other news, students had the opportunity to participate in a student voice activity focused on reflecting on and realigning our school values. This activity provided students with a platform to voice their opinions and contribute to the continuous improvement of our school community.

The mental health ambassadors continued their valuable work by holding their weekly drop-in clinic, providing support and guidance to students in need.

Year 9 students had the chance to represent their Houses in various House events, fostering a sense of camaraderie and friendly competition. Additionally, Year 7 and 8 students joined us for academic tutorials on Wednesday afternoon, receiving personalised support and guidance to enhance their learning experience.

**Looking Ahead to Next Week: Busy Schedule Ahead**

As we look ahead to next week, we have another busy week in store! Thought for the week will continue with part three of our vaping series, focusing on vaping and the law. Part two of our election series will shift our focus to the NHS and education, providing students with insights into key election issues.

Additionally, we will release the latest edition of Pass News, keeping students informed about news and events within our school community. Year 6 students will kick off their transition program with partnership interviews on Thursday, marking the beginning of their journey to Passmores Academy. District sports will take place on Friday, providing students with an opportunity to showcase their athletic talents and sportsmanship. Finally, the year 7s will depart for Mersea on Sunday morning!

It promises to be another exciting and eventful week ahead, filled with learning, engagement, and opportunities for growth.

## SPORT / PE UPDATES

### Upcoming fixtures

- Tuesday 18<sup>th</sup> June - **U13's boys & girls' cricket @ Harlow Town CC**
- Wednesday 19<sup>th</sup> June - **Sunrisers v Storm Cricket Game @ Essex Cricket Ground/ Year 8 Rounders Burnt Mill Academy**
- Thursday 20<sup>th</sup> June - **Year 7 house events**
- Friday 21<sup>st</sup> June - **District Athletics**

### West Essex County Athletics Championships

On Saturday 8th June three Passmores Academy students headed across to Chelmsford to represent West Essex in the County Athletics Championships. Essex is deemed to be one of the best breeding grounds for competent athletes nationally, so this was always going to be a big test of character. Alfie Davidson started it off by competing in the intermediate boys shot putt competition and finished 7th respectively out of a very tough field consisting of boys a year older than him. Next up was Tommy Newnham who was competing in his second favourite event the 200m. He ran a personal best time of 23.82s only missing out on the final by hundredths of a second. And finally, Savanna Gayle who took to the start line in the junior girls 100m, she ran a good time of 13.44s missing out for the final to the next fastest runner who clocked 13.33s. We are pleased and proud of these young people and we hope they can bring back some medals from the District Athletics event on Friday 21st June.





## SUBJECT INFORMATION/UPDATES

### Geography

Last week Mr Bell, Mrs Neagus and the Year 10 geographers went to Walton-on-the-Naze to complete their GCSE fieldwork enquiries. Their physical geography title is 'To investigate how effective coastal management techniques are at protecting the soft clay cliffs from coastal erosion.' - and there is a lot to consider with sea walls, rock armour and wooden groynes. The weather was great, but the tide was high, so it was tricky to collect all our data (but that gives us lots to write when we evaluate our data collection methods!). Mrs Neagus was very happy with the fossilised shark teeth found along the beach though! The urban element of our fieldwork is to look at the impact of tourism on the town of Walton-on-the-Naze. A land use survey, environmental quality index survey and questionnaires provided evidence...the fish and chips, ice creams and doughnuts from the pier were a bonus!! Now for the write up in class!



### Citizenship

Last Friday, 45 Year 10 Citizenship students visited the Houses of Parliament. Part of the day included having a tour of the building and going into the House of Commons and the House of Lords. Although students were unable to sit on the gold throne, they were able to see where the monarch sits when they open Parliament!

Students also took part in a workshop where they debated current issues and voted on whether to turn a bill they created into a law. The students had a great day and were perfect representatives of Passmores. Thanks to Mrs Bassett and Mr King for attending this trip with us.

Miss LeDain

MATHS PROBLEM OF THE WEEK

4 × = ☆

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/ +

9 − 5 =

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1 + = 7

= =

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16 1 × = 6

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19 2

= =

− 31 =

8 1 6 43 7 18 3 10 4 12

10 6 6 2 4 4 6 35 1 6

1 3 18

ANSWER TO LAST WEEKS MATHS PROBLEM OF THE WEEK

Water is poured into container A so that it is three quarters full

Container A is then emptied into container B

Calculate the depth of water in B

Container A

$8 \times 8 \times 8 \times \frac{3}{4} = 384 \text{ cm}^3$

A

8 cm

8 cm

8 cm

Container B

$10 \times 12 = 120 \text{ cm}^2$

$384 \div 120 = 3.2 \text{ cm}$

B

10 cm

12 cm

## CAREERS NEWS

### **Mock Interview Day Year 10**

On Thursday 27th June 2024 all Year 10 students will be undertaking a mock interview with a businessperson from the Harlow community. They have all been given the opportunity to complete their curriculum vitae (CV) in their i-Future lessons. These will be given to the interviewers prior to the interviews taking place on the school premises. During the interview, students will be asked questions relating to their CVs.

On the day of the interview, students will be permitted to be out of school uniform. However, if they do not have suitable formal attire for an interview, then they must wear school uniform. Suitable attire for boys is trousers, shirt, and tie. Suitable attire for girls is a dress, trousers or skirt (of an acceptable length), and blouse. No jeans or hoodies should be worn, and don't forget suitable shoes - not trainers or converse. We do not expect students to go out and purchase an outfit especially for the mock interviews as uniform is equally smart.

This is a fabulous opportunity for students to have a practice run at an interview prior to moving into year 11, where they will be expected to attend interviews for further education, apprenticeships and part time jobs.



ANY OTHER INFORMATION



**THE**

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**DISCOUNT WEEK**

**RETURNS**

 **10% OFF**  
ALL SCHOOLWEAR

**MONDAY 15TH OF JULY TO**  
**SUNDAY 21ST JULY**  
**USE CODE: SCHOOLS1024**

**ALL ORDERS PLACED IN THE DISCOUNT WEEK ARE NON RETURNABLE**



*Friends of Passmoves  
Spiritual & Well Being Event  
29th June 2024  
11am - 3pm.*



# Online relationship support for parents



Parents in this area can now access **THREE ONLINE COURSES** from the relationship experts at OnePlusOne. Learn to cope with stress and communicate better, wherever you are in your parenting journey.



## Arguing better

Disagreements are a normal part of life. How you approach them can make all the difference to you, your partner, and your children. You will learn:

- How to recognise stress and how it can affect you.
- How to support each other through difficult times.
- What causes arguments and how to stop them.



## Me, You and Baby Too

Learn how to navigate the changes that happen in a relationship when a baby arrives, including:

- How you and your partner can support each other.
- How to talk to bring up difficult topics.
- How arguments start, and how to stop them.



## Getting it right for children

When parents are separating or separated, children can often get caught in the middle. Learn how to manage conflict to minimise the impact it has on your children, as well as:

- How to stop a discussion from turning into an argument.
- How to stay calm and listen as well as talk.
- Skills for finding solutions and making compromises.

To access the courses, you will need a smartphone, tablet, or computer, and a good internet connection. They are all **FREE** to use, so you'll just need to select your local authority area and create an account with a username and password.

You can get started by scanning the QR code or visiting:  
[www.oneplusone.org.uk/parents](http://www.oneplusone.org.uk/parents)



## Harlow Primary School's Music Festival 2024

A Festival of Singing and Entertainment in Harlow Town Park



Theme – Aiming High inspired by the 2024 Olympics



### Details

- **Date**-Thursday 20<sup>th</sup> June 2024
- **Reserve date**-Monday 1<sup>st</sup> July (In case of bad weather)
- **Venue**-Bandstand-Harlow Town Park
- **Time**-6.00pm
- **Seating**-Bring your deckchair
- **Refreshments** available from the park café

### Participating Schools

Milwards  
Potter Street  
William Martin  
Abbotsweld

Henry Moore  
Purford Green  
St James'  
Katherines

Tany's Dell  
The Downs  
Holy Cross  
Hare Street



Supported by Harlow Education Consortium



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

# 10 Top Tips for Parents and Educators

## FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie. This guide addresses potential challenges – like the pressure to win – and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

### 1 LEAD BY EXAMPLE

Parents, carers and teachers should try to exemplify fair play: demonstrating respect for opponents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful precedent for them to follow in their own actions on and off the field.

### 2 EFFORT OVER OUTCOME

Encourage children to focus on giving it their all, rather than basing their entire performance on whether they win or not. This fosters a growth mindset, where the journey and the process of improvement are valued just as much as the end result. It also reduces the pressure to “win at all costs”, which can be a harmful outlook in some situations.

### 3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and after sporting events. Ensuring that children understand what is considered acceptable conduct helps prevent misunderstandings and promotes a positive, respectful atmosphere.

### 4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cooperation in achieving success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works together towards a common goal. A strong focus on cooperation fosters camaraderie and mutual support among players.

### 5 DISCUSS ACCEPTING DEFEAT

Help children to understand that they can't win every contest – that losing occasionally is a natural part of both sport and life in general. Teaching them to accept defeat gracefully and learn from their mistakes promotes resilience, humility and the ability to bounce back stronger from setbacks. Taking a loss in one's stride is also an admirable trait and can help children and young people garner respect in their future life.

### 6 ENCOURAGE INCLUSIVE PARTICIPATION

Promote an environment where all children feel welcome and valued, regardless of their skill level. Prioritise the importance of participation and enjoyment over winning, creating a supportive atmosphere where every child can thrive and develop their abilities without unnecessary pressure.

### 7 FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both on and off the field. Providing them with strategies for effective communication and problem-solving helps build stronger relationships and enhances their ability to navigate challenges, which can be a huge boon to them throughout their adult lives.

### 8 TEACH RESPECT

Emphasise to children the importance of respecting everyone involved in the game, regardless of the outcome. Respect for your teammates, opponents, coaches and officials helps to create a positive, inclusive sports environment where everyone can feel valued and appreciated.

### 9 GIVE CONSTRUCTIVE FEEDBACK

Offer feedback that focuses on areas for improvement rather than unfettered criticism. Praise what a child has done well and advise on how to improve, rather than simply pointing out shortcomings. Encouraging a growth mindset and highlighting progress helps children to develop confidence, resilience and a desire to continue striving for excellence.

### 10 CELEBRATE GOOD SPORTSMANSHIP

Try to avoid solely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportsmanship, fair play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practise this in the future, creating a culture of respect and camaraderie within the sports community that does wonders for morale.

### Meet Our Expert

Caroline Holder is a PE consultant based in Staffordshire. Having worked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionately believes in the impact that PE, sport, and activity can have on children.



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Source: See full reference list on guide page at: <https://nationalcollege.com/guides/friendly-competition>



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**Forthcoming Events:**

Saturday 15 <sup>th</sup> – Sunday 16 <sup>th</sup> June	D of E Bronze Assessment
Tuesday 18 <sup>th</sup> June	Rising Futures – World of the Workday
Friday 21 <sup>st</sup> June	District Sports
Sunday 23 <sup>rd</sup> – Wednesday 26 <sup>th</sup> June	Year 7 Mersea Residential
Thursday 27 <sup>th</sup> June	Year 11 Prom
Friday 28 <sup>th</sup> June	Sports Day
Saturday 29 <sup>th</sup> June	FOPs Summer Fete – 12-3pm
Sunday 30 <sup>th</sup> June	School Production – dress rehearsal



Natalie Christie

**Principal of Passmores Academy**

TEACHarlow

Interested in becoming a primary or secondary teacher?  
Contact Gareth Walsh on [g.walsh@passmoresacademy.com](mailto:g.walsh@passmoresacademy.com)