

Dear Parents/ Carers,

And so, our year 11s have finished their final exam this week, they really have been fantastic and after all their efforts and positive attitude, we now hope that they achieve the results that they deserve and want in the summer.

Hopefully the picture here is a positive omen for the weather for the remainder of this term. It is certainly arriving at the right time with Year 7 heading to Mersea on Sunday, Year 11 Prom and Sports Day next Friday. Wonderful opportunities to create lots of memories. Who will be winning the trophies on Sports Day and can Griffin continue with their winning streak, having toppled the mighty Dragon last year?

Thank you to those of you who took the time to complete the recent values survey, we will be sharing the results with everyone next week.

The newsletter is a long one today, there are lots of fliers towards the end of things that you can get involved with, including our Friends of Passmores Spiritual and Wellbeing Event on 29<sup>th</sup> June, hopefully we see lots of you there.

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# TOP PASSMORES POINTS ACHIEVERS

Friday 14<sup>th</sup> – Thursday 20<sup>th</sup> June 2024

Ethan Toku Appleton	Year 7	112
Edward Borland	Year 7	95
Shakil Surer	Year 7	94
Jasmine Rowlett	Year 7	87
Penny Howard	Year 7	81
Rachel Ricketts	Year 7	78
Emile Jankauskaite	Year 7	68
Sophia Clark	Year 7	62
Rebecca Iona	Year 7	54
Megan Wright	Year 7	47

Freya Onslow	Year 8	91
Amber Norburn	Year 8	56
Gracie Morris	Year 8	50
Charlie Brown	Year 8	47
Enzo Rocha Santos	Year 8	46
Grace Renker	Year 8	46
John Adesina	Year 8	46
Nicolas Silva Magri	Year 8	46
Melody Everett	Year 8	45
Noah Norris	Year 8	45

Sadie Shaw	Year 9	91
Layla Curtis	Year 9	67
Able Joes-Adom	Year 9	40
Lilly Guiver	Year 9	35
Ronny Demleka	Year 9	35
Laney Guiver	Year 9	34
Stan Hills	Year 9	33
Ben Sealey	Year 9	32
Benjamin Dack	Year 9	32
Abdul Kamara	Year 9	30
Daisy Vobe	Year 9	30
Dawid Wejman	Year 9	30
Evie Vobe	Year 9	30
Josh Norris	Year 9	30

Molly Croome	Year 10	95
Sam Wix	Year 10	79

Angel Fernandes	Year 10	73
Harrison Houghton	Year 10	73
Rhoda Adesina	Year 10	47
Wojciech Budzinski	Year 10	47
Dylan Meredith	Year 10	46
Mimi Selby	Year 10	43
Abbie Newman	Year 10	38
Rileigh Vetori	Year 10	37

## HOUSE PASSMORES POINTS

Monday 3<sup>rd</sup> – Thursday 20<sup>th</sup> June 2024

<b>Dragon</b>	<b>13768</b>
<b>Griffin</b>	<b>13220</b>
<b>Lion</b>	<b>12936</b>
<b>Unicorn</b>	<b>13415</b>

## YEAR GROUP ATTENDANCE

Friday 14<sup>th</sup> – Thursday 20<sup>th</sup> June 2024

	Average Attendance
Y7	89.24%
Y8	87.55%
Y9	87.70%
Y10	86.40%
Whole School Attendance	87.62%

## PASTORAL UPDATE

### Year 7

Florence Norton  
Kayleigh Jones  
Jaydon Watson  
Xavier Peters  
Isabella Cox

### Year 8

Naavah Dixon  
Maliyah Campbell  
Mia Allen  
Max Surtees  
Lola Wickes

### Year 9

Ronnie Shipwright  
Leon Hurley  
Ashton Mills  
Kady Gregory-Dean

### Year 10

Keira Bliss  
De-Sean Mensah  
Mohammed Salama  
Olivia Donoghue

### Thought for the Week

This week in tutor time, students continued with part three of our four-part series on vaping, focusing on vaping and the law. Students explored the legal aspects of vaping, including age restrictions, regulations, and the potential legal consequences of vaping. This session aimed to inform students about the laws surrounding vaping to help them make informed and responsible decisions.

### In the News

In our ongoing election series, this week's "In the News" segment delved into part two, focusing on the NHS and education. Students discussed the role of the NHS, current issues facing the healthcare system, and the impact of government policies on education. These discussions aimed to provide students with a deeper understanding of critical issues as the general election approaches.

### Other News

This week also saw the release of the latest edition of Pass News, keeping students updated on school events and achievements. Our mental health ambassadors held their weekly drop-in clinic, offering support and guidance to students in need. Additionally, we had an assembly with Year 9 students to kick off the recruitment process for the new team of mental health ambassadors.

Year 10 students in the Rising Futures cohort participated in their 'World of Work Day', gaining valuable insights into various careers and industries. Meanwhile, Year 7 students proudly represented their Houses in a series of competitive House events, showcasing their school spirit and teamwork.

On Friday, students represented Passmores Academy in district sports, demonstrating their athletic abilities and sportsmanship. We also welcomed some of our future Year 7 students for their partnership interviews, marking the beginning of their transition programme as they prepare to join us in September.

### Looking Ahead to Next Week

Next week promises to be just as eventful. Thought for the Week will conclude our vaping series with part four, focusing on the dangers of illegal vapes. Our election series will continue with part three, examining the economy and immigration.

Additionally, the excitement is building for a number of milestone events next week. Year 7 students will spend Sunday to Wednesday in Mersea. Year 9 students will receive confirmation of their GCSE option subjects on Wednesday. Thursday is an exceptionally busy day with year 10 mock interview day, year 6 induction day and year 11 prom! This is followed by another busy day with Sports Day on Friday!

We look forward to another engaging and productive week at Passmores Academy!

## **Jack Petchey Achievement and Leader Awards Presentation Event**

Congratulations to our Jack Petchey Award winners of 2023/2024 who attended the presentation evening on Tuesday 18<sup>th</sup> June 2024.



## **SPORT / PE UPDATES**

### **Duke of Edinburgh**

Congratulations to all the year 9 students who passed their Bronze Duke of Edinburgh assessment at the weekend in Danbury. The students planned their own routes, navigated themselves well over the two days and camped overnight after cooking a hot meal. The assessors were very impressed with the groups teamwork skills and resilience despite the stormy weather at times.

**District Sports** – Friday 21<sup>st</sup> June

**Sports day** – Friday 28<sup>th</sup> June

## **SUBJECT INFORMATION/UPDATES**

### **Drama**

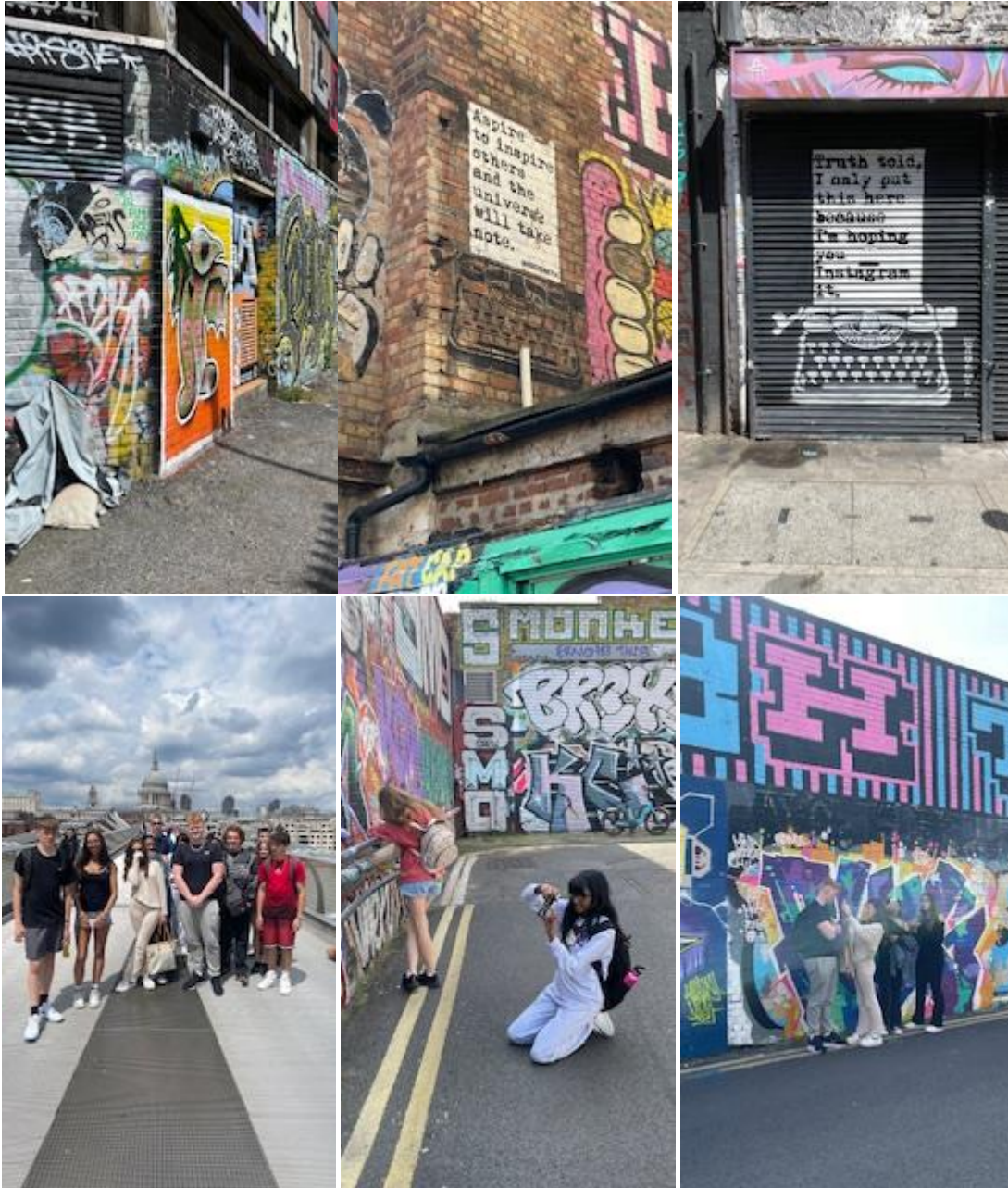
The cast of The Addams Family preformed 'Secrets' at the Jack Petchey Achievement and Leader Awards Presentation Event on Tuesday 18<sup>th</sup> June. The Addams Family school production will be open for public performances on the 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> July.





## Photography

The year 10 Photography class went on a London photography walking tour on Tuesday as part of their GCSE coursework. They began in Shoreditch, walked through Brick Lane and onto the city. They then made their way towards London Bridge and over the river to Borough market. After lunch they continued along the Southbank towards the old power station, also known as the Tate Modern.



## ANSWER TO LAST WEEKS MATHS PROBLEM OF THE WEEK

4	×	2	=	8		7	-	1	=	6		
		+		+		-		+				
		16	-	10	=	6		1	+	6	=	7
		=		=		/		=		=		
1	×	18	=	18		1	+	6	=	7		
+						=						
12		18				6	-	4	=	2		
=		×					-					
13	-	10	=	3		16		1	×	6	=	6
		/		+		+		=		-		
9	-	5	=	4		19		3		2		
		=		=		=				=		
43	-	36	=	7		35	-	31	=	4		



## CAREERS NEWS

Long Road Year 10 Open Evenings (Tuesday 2nd & Wednesday 3rd July 2024). The event is also open to any Year 11s who would like another chance to visit the college with their Parents/Carers before making their final post-16 decision in August.

Booking for tickets can be found on their website

(<https://www.longroad.ac.uk/page/?title=Open+Evenings&pid=165>) or by scanning the QR code found on our posters & flyers.

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**LONG ROAD** SIXTH FORM COLLEGE CAMBRIDGE

Ofsted Good Provider

**ATTENTION YEAR 10s**  
Scan here to book now!  
YEAR 11s WELCOME

QR CODE

OPEN EVENINGS FOR SEPTEMBER 2025 ENTRY

# LAUNCH YOUR FUTURE

## LONG ROAD OPEN EVENINGS

2ND & 3RD JULY 2024, 5-9PM

[www.longroad.ac.uk](http://www.longroad.ac.uk)  
#BeLong

Launch your future at Long Road Sixth Form College. Explore our green and leafy campus, meet our staff and students, and design a study programme that is tailored to **YOU**. Whatever direction you take, as a member of our friendly and vibrant community you will develop the skills, independence and focus you need to keep moving forward.

Be Prepared.  
Be Inspired.  
Be Long Road.



**LONG ROAD** SIXTH FORM COLLEGE CAMBRIDGE

Ofsted Good Provider

**ATTENTION YEAR 10s**  
Scan here to book now!  
YEAR 11s WELCOME

QR CODE

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Be Prepared.  
Be Inspired.  
Be Long Road.



## ANY OTHER INFORMATION

### Broadwalk Dental Centre

Broadwalk Dental Centre is a local dental Practice in Harlow Town Centre who are currently taking on new child patients to register on the NHS to encourage regular dental visits. With dental disease being the lead cause of hospital treatment for children, this is something they are hoping to address.

With the school holidays approaching, it would be an ideal time to book in, as they do not open outside school hours.

Broadwalk Dental Centre will not be able to take on more patients once their list is full, so they would encourage parents to take up the offer of having a dental examination (which is free for those 18 and under).

Please call and speak to the receptionist Jane on 01279 703 007.

### We need your votes – voting closes 21<sup>st</sup> June

Please vote for Friends of Passmores and No Child Without to give both charities a chance of winning £5,000



**Our third £5,000 draw of 2024 is nearly here!**

To support the incredible work that so many charities do to support **Children and Young People**, our third special draw of the year will award **£5,000 to 10 charities** working in this area

**More chances for your favourite charity to win £1,000**

There are still three more opportunities for your favourite charity to win a donation in our £1,000 draws.



The next draw is **Monday 22nd July**, so if you haven't already done so, please do get involved and **nominate** the charity of your choice today. Don't forget, it's **one nomination per charity per person**, so if you have more than one favourite, get them in the running today.

[Nominate a charity for £1,000](#)

▶ If you don't want to talk to police – contact Fearless online, without giving your name, at:

**www.fearless.org**

▶ Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.

**YOU CAN HELP US PROTECT AND TRACK YOUR PHONE IF IT'S STOLEN.**


**HERE'S THREE THINGS YOU CAN DO:**

▶ Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.


▶ Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.

▶ Record the phone's IMEI number in a separate place at home. Find this by typing in: **\*#06#**

You'll need to give this number to police if it's stolen.



**A SMALL GUIDE ON HOW TO KEEP YOUR PHONE SAFE**



# THE



# DISCOUNT WEEK RETURNS



**MONDAY 15TH OF JULY TO  
SUNDAY 21ST JULY**

**USE CODE: SCHOOLS1024**

**ALL ORDERS PLACED IN THE DISCOUNT WEEK ARE NON RETURNABLE**



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

# 10 Top Tips for Parents and Educators

## PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

### 1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

### 2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

### 3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

### 4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

### 5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

### 6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

### 7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

### 8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

### 9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

### 10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

## Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College®

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ig @wake.up.wednesday

yt @wake.up.weds

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# The Chocolate Run

If you are homeless or vulnerably housed (living in an HMO or sofa-surfing) join us on Sunday evenings for hot food and refreshments

Our Sunday drop-in opens to guests from Sunday 30th June 5-7pm  
GPCA Playbarn, Harlow  
CM18 6YJ

For more information contact [chair.tcr@gmail.com](mailto:chair.tcr@gmail.com) or [vicechair.tcr@gmail.com](mailto:vicechair.tcr@gmail.com)

Registered charity no: 1026452





*Friends of Passmoves  
Spiritual & Well Being Event  
29th June 2024  
11am - 3pm.*

# SUMMER

Emergency Services

## FUN DAY

Sunday 4th August 2024

Time 11-5

Raising money for MIND

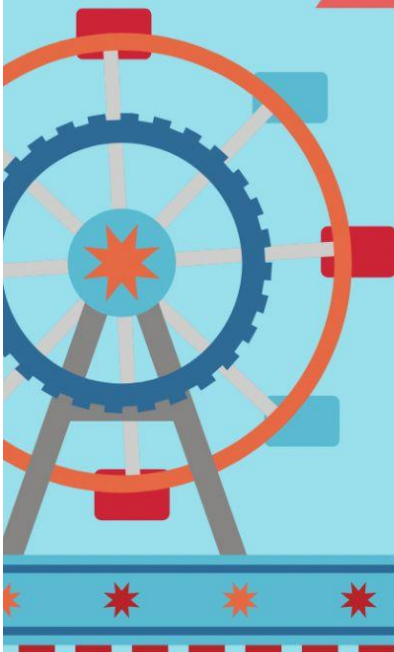
THE LINK, HARLOW, CM19 4RT

£5 PER PERSON  
FOR ENTRY

JOIN US FOR LOTS OF FUN!

Resus station  
Ambulance, Fire and  
Police Vehicles  
Food stalls  
Face Painting  
Inflatable Games  
Tombola  
and much more!

For more information please contact  
[mikaela.ball@eastamb.nhs.uk](mailto:mikaela.ball@eastamb.nhs.uk)







**We Need Your Help!**

For Our

**Emergency Services  
Fun Day**

**Local business who  
can set up a stall?**

Please contact  
[mikaela.ball@eastamb.nhs.uk](mailto:mikaela.ball@eastamb.nhs.uk)



**We Need Your Help!**

**Can you donate for the  
Tombola?**

Bottles  
Jars  
Tins / Cans  
Sweets  
Biscuits  
Toys  
Books

# HARLOW SUMMER 20 YOUTH 24 PROGRAMME

FOR AGES 13-18  
\*UP TO 25 WITH SEND

**MONDAY 12TH-WEDNESDAY 14TH AUGUST**

COME AND JOIN ESSEX YOUTH SERVICE FOR A  
FREE, FUN, AND ENGAGING SUMMER PROGRAMME.

JOIN US FOR AN ACTION PACKED THREE DAYS OF FUN,  
CHALLENGES, AND GAMES.

ADMISSION IS COMPLETELY FREE,  
INCLUDING LUNCH!!

**SCAN THE QR CODE TO SIGN UP TODAY!**

SCAN ME



FOR MORE INFORMATION CONTACT:

CLARE.NUNN@ESSEX.GOV.UK

07775 226866

HARLOW XPERIENCE CENTRE,  
BROADLEY ROAD,  
HARLOW  
CM19 5RD

Be who you  
WANT to be...

YOUTH  
SERVICE



**Forthcoming Events:**

Sunday 23 <sup>rd</sup> – Wednesday 26 <sup>th</sup> June	Year 7 Mersea Residential
Thursday 27 <sup>th</sup> June	Year 11 Prom
Friday 28 <sup>th</sup> June	Sports Day
Saturday 29 <sup>th</sup> June	FOPs Summer Fete – 12-3pm
Sunday 30 <sup>th</sup> June	School Production – dress rehearsal



Natalie Christie

**Principal of Passmores Academy**

TEACHarlow

Interested in becoming a primary or secondary teacher?  
Contact Gareth Walsh on [g.walsh@passmoresacademy.com](mailto:g.walsh@passmoresacademy.com)