



Dear Parent/Carer,

## Re: Passmores Academy PE Department PE Kit Policy

### Government Guidelines for Participation in PE

According to government guidelines, physical education is an essential part of the curriculum. Schools are required to:

- **Ensure daily physical activity:** Students should engage in at least 60 minutes of moderate-to-vigorous physical activity each day
- **Promote lifelong health:** Physical education should develop motor skills, knowledge, and behaviours for physical activity and physical fitness
- **Inclusive participation:** Schools must establish policies that allow full participation by all students in physical activity and physical education.

### Standards of High Expectations

Our Physical Education (PE) department is committed to fostering a culture of high expectations and excellence. We believe that every student should be prepared, engaged, and ready to participate fully in all PE activities. This includes adhering to the following standards:

- Students must always bring their complete PE kit to every lesson, regardless of any letters from home.
- Active participation in all PE activities is mandatory, in line with government guidelines.
- Students should show respect for their peers, teachers, and equipment.

### Required PE Kit

Students are required to have the following items for PE lessons:

- **Royal blue rugby shirt / blue t-shirt / white t-shirt**
- **Royal blue shorts / navy-blue leggings / navy-blue tracksuit bottoms**
- **Trainers with non-marking soles**
- **White PE socks OR royal blue football socks**
- **Navy blue hoodie (optional – recommended for the winter months)**
- **Tracksuit top (optional – recommended for the winter months)**
- **(Unbranded PE uniform can be worn)**

Students must bring their full PE kit to every lesson. If there are RARE occasions when Passmores PE kit cannot be worn, then plain black or blue PE kit will be allowed. A note from the parent/carers must also be given to the relevant PE teacher. Failure to do so will result in sanctions.

### Sanctions from Passmores Academy

Passmores Academy enforces strict sanctions for non-compliance with the PE kit policy:

- **First Offense (sept-Oct): Verbal warning.**
- **Second Offense: 10 minutes detention per item at break/lunch.**

- **Third Offense: Department detention and an email/phone call home.**
- **Fourth Offense: Meeting with parents/carers**

By adhering to this policy, we aim to create a positive and productive environment for physical education that supports the health and well-being of all students.

Kind regards,

The PE Department