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16th July 2025

Dear Parents and Carers,

I hope this letter finds you well.

I am writing to inform you that on Monday 21st July 2025, we will be holding a non-uniform day for all students and staff in support of PACT for Autism, a Harlow-based charity celebrating its 20th anniversary this year.

We are encouraging every student and member of staff to contribute £1 to take part in a "comfy clothes day". The purpose of the day is twofold: to raise vital funds for PACT for Autism so they can continue their important work, and to raise awareness of the sensory differences often experienced by autistic individuals.

PACT for Autism was established in 2005 by a group of parents with lived experience. The charity works to listen, explore, plan, signpost, and connect individuals and families with services, organisations, and each other. They support autistic people of all ages - with or without a diagnosis - and create inclusive spaces where everyone feels valued.

Autistic people bring unique and brilliant perspectives to all areas of life, and we are proud to support a charity that champions their strengths and voices.

We encourage all students and staff to participate and enjoy this special day.

However, we want to remind everyone that while this is a non-uniform day, the clothing chosen by students should still be appropriate for a school and working environment.

To ensure a safe and respectful atmosphere, please consider the following guidelines for attire on this day:

- 1. Clothing should be comfortable and suitable for a school setting.
- 2. It is important that all clothing choices are respectful, and garments do not include offensive language, symbols, or images. Please refrain from wearing items that promote violence or inappropriate themes.

















- 3. Clothing should not be overly revealing e.g. crop tops, sleeveless tops, body suits, and short shorts such as Nike Pros are not appropriate.
- 4. Footwear must cover the whole foot to ensure safety during school activities and movement around the building flip flops / sliders/ crocs are not appropriate.
- 5. The regular school rules concerning piercings, jewellery, nails, and hair styles still apply.

We appreciate your support in ensuring that all students adhere to these expectations and approach this day with respect for themselves and for the wider school community.

Thank you for your cooperation, and we look forward to a fantastic non-uniform day as we celebrate PACT for Autism. If you have any questions or concerns, please do not hesitate to contact me.

Yours faithfully,

Daniel Shine

Assistant Principal

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