

Important Information: Measles, Mumps and Rubella (MMR) Vaccination

As you may be aware from recent media coverage, there has been an increase in measles cases due to outbreaks in parts of North London. Considering this, we strongly encourage parents and carers to ensure that their child has received both doses of the Measles, Mumps and Rubella (MMR) vaccine.

Measles is a highly contagious disease and, in some cases, can lead to serious complications. As part of the routine UK childhood immunisation schedule recommended by the UK Health Security Agency, your secondary school aged child should have been offered:

- The **first MMR vaccination at 12 months of age**
- The **second MMR vaccination at 3 years and 4 months**

If you are unsure whether your child has received both doses of the MMR vaccine, or if your child has not yet received their MMR vaccinations and you would like to arrange this, please contact our service on **0300 555 5055 (option 7)** or email hct.csaishwe@nhs.net. We run regular catch-up clinics across various locations in Hertfordshire.

If your child has received vaccinations abroad or in another area of the UK, these records may not appear on our system. In this case, please email a copy of your child's immunisation history, including their full details, to hct.immshistories@nhs.net so that we can update our records.

Further information about the MMR vaccine is available on the NHS website, attached are two useful links below.

[MMR \(measles, mumps and rubella\) vaccine - NHS](#)
[MMR vaccination for all eligible](#)

Yours sincerely,

Hertfordshire and West Essex Immunisation Service